

Supporting Kidds

The Center for Grieving
Children and Their Families



4 events in 10 days! You are invited:

- Expressions of Grief opening reception, **TONIGHT (Friday)**
 - Be Good, Be Safe, Have Fun 5K Run, **SUNDAY**
 - 'Stache Bash. Come vote for your favorite Grower, **WEDNESDAY**
 - Expressions of Grief artist reception, Sun. Nov. 10
- Details are below - we hope you can join us.

Mustaches for Kidds



Come join Board President Nate Bacon and all of your other mustache-growing friends, at the 'Stache Bash.



'Stache Bash: **This Wednesday Nov. 6, 5:30pm-9pm.**
\$10 cover for non-growers (includes voting tickets!)
Kelly's Logan House, 1701 Delaware Avenue, Wilmington
(must be 21 or over).

If you can get out multiple times next week, come to Logan House on Monday Nov. 4, 6-8pm, to vote for the best Jack Daniels statue -- with all proceeds going to Supporting Kidds.

Remember -- you can still support your favorite Growers at m4kwilmington.org - but the "sweetest stache" will be crowned **LIVE** on Wednesday at Logan House. Come join us!

5k race - This Sunday

Come join us this **Sunday November 3** for the *Be Good, Be Safe, Have Fun Run* in memory of Cathy Wheeler Hartman.



Register in person this Sunday at 8am at the Washington Ale House, Wilmington (online registration has closed).

There will be a great post-race family-friendly party, including plenty of refreshments, raffles, and a moon bounce.

9am start, Washington Ale House, Wilmington. We hope to see you there!

Thank you to Cathy's family!
All proceeds will be donated to Supporting Kidds.

Expressions of Grief Art Exhibit OPENING TONIGHT!

Opening reception, tonight (Friday, Nov. 1) 5-8pm.
Drop in anytime for a first look at the exhibit.
Artist reception, Sunday Nov. 10, 12-3pm.

You Can Help

Your donation helps ensure that no child grieves alone.

\$50 purchases supplies for a night of support groups

\$100 provides a full scholarship for a family therapy session

\$500 allows us to train 20 new volunteer facilitators

\$1,000 enables a family to receive services for a year

You can donate on our [website](#) or by mail. Make your check payable to:

Supporting Kidds
1213 Old Lancaster Pike
Hockessin, DE 19707

You can also donate supplies via [Amazon.com](#) [here](#)

United Way Campaign

Please support us at work:

United Way DE # 728
SECC (DE) # 70043
Ches. Bay CFC #69638

Did you know?

If you are 70-1/2 years old, or older, you can make tax-free gifts from your IRA. Consult your tax advisor for details.

We are always honored to accept Estate Gifts.

Come for a Tour

This is a great way for you, or a friend, to learn more about Supporting Kidds.

Upcoming dates:
Tues. Nov. 19 at 10am
Tues. Dec. 17 at 12pm

RSVPs welcome

Save the Date

December 5th is our annual *Holiday Open House*.

From the 2013 exhibit,
by Maeve Beal

"The emotional and physical hardships soldiers faced during WWI has had a lasting impact on how people view war, and grief."



Come see these powerful works!

Art and poems by children ages 5 - young adult
Exhibit is open Nov. 4 - Dec. 5 on Mon., Tues., and Thurs. 12-7pm

Thank you to our sponsors:

Total Family Solutions, New Castle County Council,
M&T Bank, TD Bank, WSFS Bank

Coping with the Holidays

The upcoming holidays can be an especially hard time for bereaved families. Come learn ways to cope with the holiday season and re-create your family holidays and traditions following a loss.

Join our staff and other grieving families for this FREE one-night support group. This is especially helpful for newly bereaved families. Adults and children (ages 5 & up) meet in groups by age.

Wednesday November 20th, 6:30-8pm

You must register and complete an application in advance. Please RSVP by Nov. 12: [email](#) or 302-235-5544.

Read some tips on preparing for the holidays following a loss [here](#).

The Holiday Happening!

Entertainment, arts & crafts, pizza, and holiday treats. This is an evening of light-hearted fun, especially for bereaved families.

Wednesday December 4th, 6:30-8pm

FREE. Please RSVP by Nov. 30: [email](#) or 302-235-5544.

Grief Awareness Week, November 2-10

Especially during November, the Delaware Grief Awareness Consortium (DEGAC) encourages people to talk and express their feelings of loss and grief, honor the memory of family and friends who have passed away, and attend events in their communities, listed [here](#).

DEGAC is a group of interested volunteers with expertise and experience in the delivery of supportive services to grieving children and adults. The Consortium's mission is to promote the public's understanding of the processes and expression of grief among friends, families, and communities and to connect people. More information at [DEGAC.org](#).

Grants/Sponsorships received - thank you!

TD Bank: Sponsorship of Expressions of Grief.

Thank you for your interest and support,
Dr. Stephanie Traynor, PsyD, MBA
Executive Director

Supporting Kids

The Center for Grieving Children and Their Families
1213 Old Lancaster Pike, Hockessin DE 19707
302-235-5544, support@supportingkids.org
www.supportingkids.org

Learn more

[Newsletter Archive](#)

[Get Involved](#)

[More On Us](#)

Come celebrate our successes and learn about our plans. Free. RSVPs welcome.

"Stewards of the Children" Free Workshop

This is a prevention training program that teaches adults how to prevent, recognize, and react responsibly to child sexual abuse. The next workshop is Nov. 5, 5:30-8pm at Christ Church in Greenville. Contact: [rsvp](#) or 302-655-3379 to register.

Thanks to our friends at Christ Church Christina Hundred for hosting this important workshop.

Corporate Sponsors

We now have Corporate Sponsorship Packages available. It's a great way to support us and have your business recognized at our popular events throughout the year. Levels range from \$5,000 to \$500.

Click to learn more: [sponsorship](#)

Total Family Solutions is our 2013 Silver Sponsor. They provide out-patient mental health services in DE, MD, and NJ.



856-772-5809

Stay Connected



Be sure to view our video on YouTube!

You can read our magazine online [here](#).





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