

Supporting Kidds

The Center for Grieving
Children and Their Families



Something for Everyone this Fall

We hope you can join us at one or more of our upcoming events:

- Mustaches for Kidds/Purple Locks for Kidds
 - Be Good, Be Safe, Have Fun 5K run
 - Expressions of Grief Art Exhibit
 - Healing Pathways support group
 - Coping with the Holidays support group
- Keep reading for details on all of these programs!

United Way Campaign

Please support us
at work:

United Way DE # 728
SECC (DE) # 70043
Ches. Bay CFC #69638

Mustaches for Kidds



Join the staff and your friends - start growing your mustache or wearing your purple hair **THIS TUESDAY!**
Register today at: m4kwilmington.org

Then come join the weekly "meetings" at Kelly's Logan House, 1701 Delaware Avenue, Wilmington (must be 21 or over). All events begin at 5:30pm.

Save the Date

Wed. Nov. 20 is our popular one-night support group, Coping with the Holidays.

Come learn some ways to help you cope with the upcoming holidays.

This is especially helpful for newly bereaved families.

Free, but please contact us to register:
302-2345-5544,
support@supportingkidds.org



- 10/8 Clean Shave Day (Tues)
- 10/16 Checkpoint #1
- 10/23 Checkpoint #2
- 10/30 Checkpoint #3
- 11/6 Stache Bash

Women - you can get involved in two ways: donate to your favorite mustache growers and/or join **Purple Locks for Kidds** and wear a

Volunteer Opportunities

Handyman/woman -
for small household
repairs

Phone technician

purple hair-extension for the five week "growing" season.

5k race - sign up today!

Plan to join us on **Sunday November 3rd** for the *Be Good, Be Safe, Have Fun Run* in memory of Cathy Wheeler Hartman.



Register now at races2run.com

There will be a great post-race family-friendly party, including plenty of refreshments and a moon bounce.

We hope to see you there!

All proceeds will be donated to Supporting Kidds.

Healing Pathways - starts Wednesday!

Don't Delay! There is still time to sign up for **Healing Pathways**, our 6-week bereavement support program for children ages 5-18, and their caregivers, who have suffered the loss of a close relative. The program begins Wed. Oct. 9th at 6:30pm, and runs through Nov. 13th. Rooms are filling quickly so call or email today: 302-235-5544 or support@supportingkidds.org

Why are support groups a good idea for children? [Click here](#) to read the article by Dr. Spirito.

Thank you to the many adult facilitators who make our support groups possible!

Expressions of Grief Art Exhibit

Only a few more weeks to enter your art (or music or poetry)!

Entries are due by Oct. 25 and must be accompanied by the [entry form](#).

Schools or individual children may participate. Details for the schools are [here](#). Please help us spread the word by forwarding this to your schools, teachers, and counselors.

RSVP to get involved

Webmaster Transition

Thank you to outgoing volunteer webmaster Josh Parker for his help updating and maintaining our web site during the past two years. Welcome to Dewey Donovan, our new volunteer webmaster, who will help us moving forward!

Did you know?

If you are 70-1/2 years old, or older, you can make tax-free gifts from your IRA. Consult your tax advisor for details.

We are always honored to accept Estate Gifts.

Come for a Tour

This is a great way for you, or a friend, to learn more about Supporting Kidds.

Upcoming dates:
Thurs. Oct. 24 at 7pm
Tues. Nov. 19 at 10am
Tues. Dec. 17 at 12pm

Please RSVP

Donate Anytime



Grief Haikus by the 3rd and 4th grade classes at Tower Hill School from our 2012 Expressions of Grief exhibit.

Thank you to our sponsors: **Total Family Solutions, M&T Bank, New Castle County Council, and WSFS Bank.**

Contact [Carol](#) to learn about sponsorship or to get involved.

Grants/Sponsorships received - thank you!

New Castle County Council: \$1,000 to sponsor Expressions of Grief.

Special thanks to our local councilwoman, Janet Kilpatrick.

Knights of Columbus: \$1,000 for general operations.

M&T Bank: \$1,000 to sponsor Expressions of Grief.

Thank you volunteers



A large team from **DuPont** helped us recently. They gardened, cleaned, organized supplies, and called local schools to spread the word about our upcoming Expression of Grief art exhibit.

You can donate on our [website](#) or by mail.

Make your check payable to:

Supporting Kidds
1213 Old Lancaster Pike
Hockessin, DE 19707

You can donate much needed supplies via [Amazon.com here](#)

Your donations help ensure that no child grieves alone.

Delaware Grief Awareness Consortium

This is a group of interested volunteers with expertise and experience in the delivery of supportive services to grieving children and adults. The Consortium's mission is to promote the public's understanding of the processes and expression of grief among friends, families, and communities and to connect people with help and resources when and where they are needed.

More information is available on their website: [DEGAC.org](#)

Corporate Sponsors

Rather than ask local businesses to sponsor each event, we now have Corporate

Renovations complete!

Our kitchen, attic, and supply center look great.



Thank you again to Heffner Home Consulting for the work and the Hockessin Athletic Club for the generous funding. Come see our new look during a monthly tour, while viewing the Expressions of Grief art exhibit in November, or at our Holiday Open House on December 5th.

Thank you for your interest and support,
Dr. Stephanie Traynor, PsyD, MBA
Executive Director

Supporting Kidds

The Center for Grieving Children and Their Families
1213 Old Lancaster Pike, Hockessin DE 19707
302-235-5544, support@supportingkidds.org
www.supportingkidds.org

Learn more

[Newsletter Archive](#)
[Get Involved](#)
[More On Us](#)

Sponsorship Packages available. It's a great way to support us and have your business recognized at our popular events throughout the year. Levels range from \$5,000 to \$500.

Click to learn more:
[sponsorship](#)

Total Family Solutions is our first Silver Sponsor of 2013. They provide out-patient mental health services in DE, MD, and NJ.



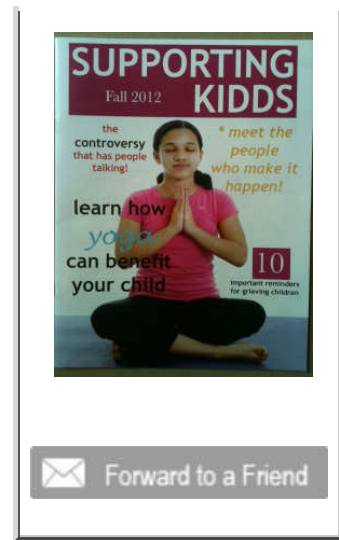
856-772-5809

Stay Connected



Be sure to view our video on YouTube!

You can read our magazine online [here](#).



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Supporting Kidds | 1213 Old Lancaster Pike | Wilmington | DE | 19707



Try it FREE today.