

Supporting Kidds

The Center for Grieving
Children and Their Families



Returning to school after a loss

by Dr. Malina Spirito, Clinical Director

As the summer quickly speeds by and the familiar "Back to School" jingles appear on the television, grieving families are faced with yet another hurdle to clear in their journey through loss. Going back to school after experiencing a major loss or death can feel daunting, even for the most diligent and eager student. [Click to continue reading.](#)

Healing Pathways

Our next 6-week bereavement support group, called **Healing Pathways**, begins on Wednesday October 9th. This program is for children ages 5-18, and their caregivers, who have suffered the loss of a close relative.

"I love Supporting Kidds! Both of my girls went through your program. You are absolute angels and we are so blessed to have found you. I tell everyone I know about the great work you all do. I am really so grateful for the help my girls received." From the parent of previous Healing Pathways' attendees.

Please contact us to register for Healing Pathways
302-235-5544 or [email](#)

You can help - forward this to a grieving friend or neighbor.

Expressions of Grief Art Exhibit

Parents and teachers: please encourage your school to participate in our second annual Expressions of Grief Art Exhibit. Participation is an excellent way to begin a dialogue about grief. While this can be a difficult topic, Supporting Kidds can help. You can download more information [here](#).

The exhibit can include 2- and 3-D art, videos, short plays, poetry, short stories, and musical numbers (recorded). Entries are due by Oct. 25 and must be accompanied by the [entry form](#).

Please help by forwarding this to any school teachers, staff, or counselors that you know.

Pathways Through Life

This is our new 4-week bereavement support group. It's for those who have completed Healing Pathways and want to continue their grief journey with us, as well as connect with other grieving families. Pathways Through Life begins Oct. 3.

Please contact us for more information or to register,
302-235-5544 or [email](#)

5K Event on Nov. 3

Join us for the *Be Good, Be Safe, Have Fun Run* in memory of Cathy Wheeler Hartman. Cathy's family created this raise to raise money for a worthy cause and to serve the community with an event that will spread Cathy's positive attitude. All proceeds will be donated to Supporting Kidds.



Artwork by Lindsey Pedicone from our 2012 Expressions of Grief exhibit.

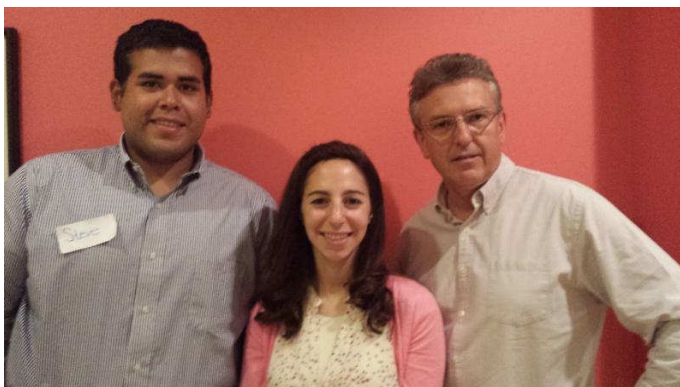
Thank you to our sponsors: [Total Family Solutions](#) and [WSFS Bank](#).

Contact [Carol](#) to learn about sponsorship, to get involved, or with any questions.

United Way campaign

Thank you to those donating to us through the United Way campaign at work. We are a partner agency, meaning we get our United Way funding ONLY from people who designate our number on their form. Please consider donating to us this year, using our [United Way Delaware number 728](#).

Welcome 2013/2014 interns



Left to right: Steve, Tamar, Michael

- [Tamar Halpern](#) is in her first year of Doctoral studies in clinical psychology at the Institute for Graduate Clinical Psychology at Widener University.
- [Steve Palma](#) (who joined us during the summer) is in his 5th year of Doctoral studies in clinical psychology at the Institute for Graduate Clinical Psychology at Widener University.
- [Michael Winiarz](#) is completing his Master of Science degree in



You can register now:
www.races2run.com

Delaware Grief Awareness Consortium

This is a group of interested volunteers with expertise and experience in the delivery of supportive services to grieving children and adults. The Consortium's mission is to promote the public's understanding of the processes and expression of grief among friends, families, and communities and to connect people with help and resources when and where they are needed.

More information is available on their website: DEGAC.org

Did you know?

If you are 70-1/2 years old, or older, you can make tax-free gifts from your IRA. Consult your tax advisor for details.

We are always honored to accept Estate Gifts.

Volunteer Opportunities

pastoral counseling at Neumann University.

They will be seeing clients (supervised by Dr. Spirito and Dr. Traynor), co-facilitating support and therapy groups, providing therapy, and assisting with program administration.

Mustaches for Kidds

This is our annual mustache-growing event, where people encourage their friends to grow mustaches via online donations, with weekly "meetings" during the "growing season."



All events begin at 5:30 at Kelly's Logan House, 1701 Delaware Ave, Wilmington (must be 21 or over).

9/25 Mustation Anticipation
10/9 Clean Shave Day
10/16 Checkpoint #1
10/23 Checkpoint #2
10/30 Checkpoint #3
11/6 Stache Bash

Women - you can get involved in two ways: donate to your favorite mustache growers and/or join **Purple Locks for Kidds** and wear a purple hair-extension for the five week "growing" season.

Details for both Mustaches for Kidds and Purple Locks for Kidds will be at: m4kwilmington.org.

Grants/Sponsorships received - thank you!

Wilmington Flower Market: \$2,000 for supplies for our bereavement support groups.

WSFS Bank: \$250 to sponsor our Expressions of Grief art exhibit.

Thank you volunteers

Two large teams from **Bank of America** helped us this summer. They painted, gardened, cleaned, and organized supplies.

Also a big thank you to 3 great volunteers from **St. Marks, Padua**, and **Tower Hill** who spent much of their summer vacation with us, doing many, many tasks to get us ready for the fall.

Mushroom Festival Parade

Thank you to **Board Member Carrie Kehner** and her husband Brian, niece Lucy, and daughters Audrey and Mallory for representing us at the Mushroom Festival. Since we received a grant from the Mushroom Festival (which is being used to purchase Spanish language books for our library), Supporting Kidds got to march in the parade!

Handyman/woman -
for small household
repairs

Phone technician

RSVP to get involved

Come for a Tour

This is a great way for you, or a friend, to learn more about Supporting Kidds.

Upcoming dates:
Thurs. Sept. 19 at 12pm
Thurs. Oct. 24 at 7pm
Tues. Nov. 19 at 10am

Please RSVP

Donate Anytime

You can donate on our website or by mail.

Make your check payable to:
Supporting Kidds
1213 Old Lancaster Pike
Hockessin, DE 19707

Support us at work:
United Way # 728
SECC (DE) # 70043
Ches. Bay CFC #69638

Donate much needed supplies via Amazon.com here

Your donations help ensure that no child grieves alone.

Corporate Sponsors

Rather than ask local businesses to sponsor each event, we now have **Corporate Sponsorship Packages** available. It's a great way to support us and have your business recognized at our popular events throughout the year. Levels range from



Thank you for your interest and support,
Dr. Stephanie Traynor, PsyD, MBA
Executive Director

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The Center for Grieving Children and Their Families
1213 Old Lancaster Pike, Hockessin DE 19707
302-235-5544, support@supportingkidds.org
www.supportingkidds.org

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\$5,000 to \$500.

Click to learn more:
[sponsorship](#)

Total Family Solutions is our first Silver Sponsor of 2013. They provide out-patient mental health services in DE, MD, and NJ.



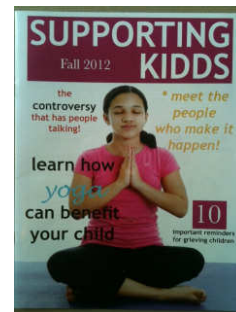
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You can read our magazine online [here](#).



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