

Supporting Kidds

The Center for Grieving Children
and Their Families



"Expressions of Grief" Art Exhibit

We are hosting our first *children's art exhibit* November 4th -9th, 12-7pm daily. It will feature art, music, and/or poems from local schools with the theme of coping with grief and loss.

Encourage your school to get involved.

[Click here](#) for the invitation to schools.

Then plan to join us for the opening reception on Sunday November 4th, from 12-3pm to view these powerful works.

Grief Awareness Week, November 2-10

Grief Awareness Week, as proclaimed by Governor Markell, is "set aside for grief awareness to enhance solidarity with our human mortality and our common need for mourning and healing."

In addition to the Art Exhibit (above), there will be many activities throughout the state, including:

Nov. 2, Wilmington Art Loop, www.artloopwilmingtonde.com

Nov. 4, "The Many Faces of Grief," a performance piece by Gale Cornelia Flynn. This fun, yet serious, performance is appropriate for all ages. Gale uses toys, props, and costumes to fully engage the audience. At Supporting Kidds at 3:30pm.

Nov. 7, "Loss and Grief in Military Families, Schwartz Center, Dover, 1:30-4pm.

Nov. 7, "Healing from Loss and Grief," an interactive class including awareness techniques and guided meditation. Empowered Yoga, Wilmington, 7-8:30pm.

The full list of events will soon be on the Delaware Grief Awareness Consortium website, www.degac.org

Mustaches for Kidds

It's a mustache growing contest, where our "Growers" try to grow the Sweetest Stache and their friends make donations to encourage them and to support a wonderful cause. Weekly "meetings" are held in Trolley Square, Wilmington, starting about 5:30pm. We already have 27 Growers registered and the growing hasn't even started!



Come join us in person or online.

Oct. 10, Clean Shave Day at Kelly's Logan House, 1701 Delaware Avenue, Wilmington (come clean shaven!)

Oct. 17 at Famous Tim's Tavern, 1701 Lovering Avenue.

Oct. 24 & Oct. 30 back to Kelly's Logan House.

Nov. 7 is the **Stache Bash** at Kelly's Logan House. Everyone, growing

Volunteer Opportunities

- 4 volunteers are needed to staff our table at Boscov's Christiana Center 10/7, 2-5pm.
- Volunteers are invited to staff our table at the DE Psychological Assoc. Meeting, Rehobeth Beach anytime on 10/12.
- General house clean-up day 10/14, 12-4pm.
- Hockessin Trick or Treat 10/27, 11-4pm.

RSVP for details or to join us.

Coping with the Holidays

Our annual one-night support group for grieving children and their families.

Wed. Nov. 14
6:30-8pm

Learn some ways to help you cope with the upcoming holidays.

This is especially helpful for newly

or not, should come to this great party!

The pictures say it all, www.m4kwilmington.org

"Letting Children Share in Grief"

This New York Times article by Catherine Saint Louis gives a great overview of the need for grief services for children and reflects the approach used by Supporting Kidds.

"A few decades ago, children often didn't attend funerals. The thinking was that they should be sheltered from the pain of losing a loved one. And as Americans started living longer, the need to even broach the subject of death was delayed because many grandparents survived deep into their golden years.

But recently, the opposite view - that children should be as involved in the grieving process as adults are - has been taking hold, reflecting an increasingly common belief that children are better off when their grief is acknowledged and they are allowed to mourn in the company of relatives and peers." [Continue reading.](#)

Thank you Bank of America Volunteers

The teams keep on coming! They emptied the attic (in anticipation of renovations), sorted supplies, weeded, and planted our Fall mums. They even donated cases of water and paper products.

Contact us to schedule your team!



Recent Grants Received -Thank you!

\$1,000 from Wells Fargo. This will be used for general operating funds and to keep our services affordable to all.

Community Breakfast

We will be talking to about 200 people over breakfast on November 13. If you, or someone you know, are new to Supporting Kidds and would like to better understand our mission and identify ways to get involved (as a donor and/or supporter), let us know, and we will extend an invitation.

Thanks for your interest and support,
Dr. Stephanie Traynor, PsyD, MBA
Executive Director

bereaved families.

Free.
Please register [here](#)
or call us
at 302-235-5544.

Come Tour Our House

This is a great way for you, or a friend, to learn more about Supporting Kidds.

Upcoming dates:
Thurs. Oct. 18, 7pm
Thurs. Nov. 15, 12pm
Tues. Dec. 11, 12pm
Please [RSVP](#)

Stay Connected



Be sure to view our video on YouTube!

Support us at work:
United Way #0728
SECC (DE) # 70043
Ches.Bay CFC #69638

Donate on our [website](#) or by mail.
Make your check payable to:

Supporting Kidds
1213 Old Lancaster
Pike
Hockessin, DE 19707

Your donations help ensure that no child grieves alone.

Forward to a Friend

Supporting Kidds

The Center for Grieving Children and Their Families

1213 Old Lancaster Pike, Hockessin DE 19707

302-235-5544, [Email](#)

www.supportingkidds.org

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