

Supporting Kidds

The Center for Grieving Children
and Their Families



Mustaches for Kidds

THE funniest and most fun fundraiser around! The pictures say everything, www.m4kwilmington.org

It's a mustache growing contest, where our "Growers" try to grow the Sweetest Stache and their friends (our "Gardeners") make donations to encourage their growing endeavor and support a wonderful cause. Weekly "meetings" are held in Trolley Square, Wilmington, starting about 5:30pm.



Come join us in person or online.

View the Growers' pages at www.firstgiving.com/supportingkidds.
Mark your calendars today!

- Thurs. Sept. 27, Mustache Appreciation Day--to get in the mood
Kelly's Logan House, 1701 Delaware Avenue, Wilmington
- Wed. Oct. 10, Clean Shave Day (come clean shaven!),
Kelly's Logan House
- Wed. Oct. 17, Checkpoint 1, Famous Tim's Tavern,
1701 Lovering Avenue, Wilmington
- Wed. Oct. 24, Checkpoint 2, Kelly's Logan House
- Tues. Oct. 30, Checkpoint 3, Kelly's Logan House
- Wed. Nov. 7, 'Stache Bash, Kelly's Logan House

Thank you facilitators!

These are the volunteers who make it possible for us to host up to 36 grieving children and 30 adults in our Healing Pathways support group. This fall, we are training 6 new facilitators who will work with 8 experienced facilitators to staff the 7 rooms of support groups for grieving children and adults.

Yoga Program a big success

For 4 weeks, the sounds of deep breathing, soothing imagery, and laughter were heard at Supporting Kidds. Our first ever yoga and stress reduction program drew 19 participants. The children enjoyed 45 minutes of yoga and then a 45 minute support group, with games and art projects.

"Everyone came away with valuable coping techniques that will not only help them in the present moment, but will serve them throughout their grief journey," said Dr. Malina Spirito, our Clinical Director. And through the support of generous donors, we were able to offer this program at no cost for grieving families.

Healing Pathways Support Group

Register now!

Our bereavement support group runs for 6 consecutive Wednesday evenings, from 6:30-8pm, beginning September 19th.

Children ages 5-18 meet with their peers, while their caregivers meet separately. Healing Pathways is for children who have lost a sibling, parent, or other primary caregiver.

Please register [here](#)
or
call 302-235-5544.

Volunteer Opportunities

Help staff our booth:
- Newark Community Day 9/16, 10-1pm or 1-4pm.
- Friends Helping Friends at Boscov's Christiana Center 10/7, 2-5pm.
- DE Psychological Assoc. Meeting, Rehobeth Beach 10/12, all day or 1/2 day.

Welcome new student interns:

- Antonia Alfeo, Doctor of Clinical Psychology student at Widener University.
- Brooke Peragallo, senior Human Services major at the University of Delaware.
- Megan Smiley, Master of Social Work student at Delaware State University.

Thanks to you, we can help even more children this year.

Thank you Bank of America Volunteers

We had 49 volunteers over 3 days. They painted, cleaned, organized supplies, toured the house, and removed 31 bags of yard waste!



Our building is the entry point for grieving families and sets the tone for the type of services they receive. Thank you for making it look great. See more photos on our [facebook page](#). Contact us to schedule your team.

"Expressions of Grief" Art Exhibit

We are hosting our first children's art exhibit, in conjunction with Grief Awareness Week. It will feature art, music, and/or poems from local schools with the theme of coping with grief and loss. Please encourage your school to get involved. [Click here](#) for the invitation to schools. This free exhibit will be at Supporting Kids from November 4th -9th, and the opening party will be November 4th from 12-3pm. Contact us for more information or to get involved.

Support us at work

September marks the beginning of most United Way, State, and Federal employees' charitable campaigns. Since departments love to have 100% participation in their charitable giving, this is a win-win way to support us!

United Way # 728
SECC (DE) # 70043
Chesapeake Bay Area CFC # 69638

- Hockessin Trick or Treat 10/27, 11-4pm.
RSVP to join us.

Come Tour Our House

This is a great way for you, or a friend, to learn more about Supporting Kids.
Upcoming dates:
Thurs. Sept. 20, 10am
Thurs. Oct. 18, 7pm
Thurs. Nov. 15, 12-1pm
Please [RSVP](#)

Stay Connected



Be sure to view our video on YouTube!

Support us at work:
United Way #0728
SECC (DE) # 70043
Ches.Bay CFC #69638

Donate on our [website](#) or by mail.
Make your check payable to:

Supporting Kids
1213 Old Lancaster Pike
Hockessin, DE 19707

Your donations help ensure that no child grieves alone.

 Forward to a Friend

Thanks for your interest and support,
Dr. Stephanie Traynor, PsyD, MBA
Executive Director

Supporting Kidds

The Center for Grieving Children and Their Families

1213 Old Lancaster Pike, Hockessin DE 19707

302-235-5544, [Email](#)

www.supportingkidds.org

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